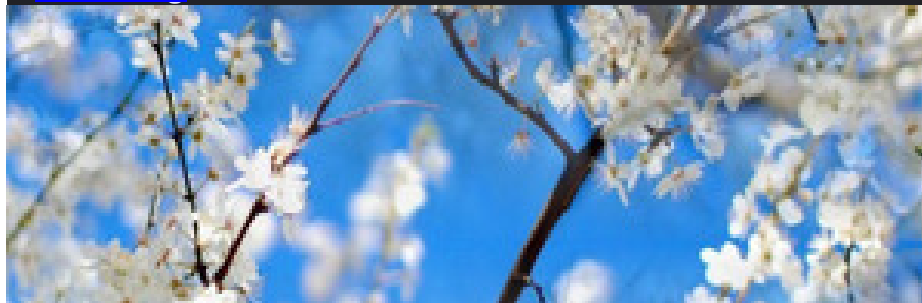



hszc.org


2013 - Apr 30 thru May 13

Please help
support the temple
& its programs.

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Sangha e-Newsletter

Garudas Choose to Eat Dragons - Eihei Koroku, Eihei Dōgen Zenji

371. Dharma Hall
Discourse

Here is a saying. The third ancestor Great Teacher [Jianzhi Sengcan], in "Inscription on Faith in Mind" said, "The supreme way is not difficult; only disdain picking and choosing"



Great Assembly, have you ever studied the third ancestor's meaning? Tell me, what is the third ancestor's meaning? Passing through three kalaps, without fail we arrive; passing through numberless kalpas, without fail we arrive; without arising from our seat, without fail we arrive; without arising in a single moment, without fail we arrive. Therefore, [the third ancestor] said, "The supreme way is not difficult". Simply to disdain picking and choosing is like a

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garuda not eating anything but dragons.

TR. Taigen Dan Leighton & Shohaku Okumura

Upcoming Events:

Please note! Neighborhood Safety Meeting Wed.
May 1 @ 5pm main floor, no evening Zazen this day.

NEW! Metta Service / Guided Meditation second
and fourth Fridays each month at 6pm - Lead by Rev
Myō Lahey

Sewing Abbot's Robe (with Tim Wicks for the
Mountain Seat Ceremony, Oct 13th!) - Saturdays:
May 18, Jun 1... @noon

Dharma Talks - Rev. Myo Lahey Saturdays: May 4,
May 18, May 25 @10:15am

Guest Speakers - May 11 - Rev. Kojun Hull Sensei
of Great Vow Monastery: Saturday @10:15am

Full Moon Ceremony - Saturday May 25 @11am
(Full Flower Moon - Farmer's Almanac)

Buddha's Birthday Celebration - Saturday May
4th (More of a SE Asia date used this year!) @11am

Sangha Council - Spend time with the Sangha
discussing any Sangha topics - Saturday May 4
@12:30pm * Date Change from last issue*

Founder's Memorial - Issan's Memorial is generally
on the 6th of the month, & the memorial for Philip
Whalen is generally on the 26th @ 6:40pm

Study Hour The Book of Serenity, we have books to
share, feel free to drop in - Thursdays @7:30pm

Practice Schedule:

Monday - Friday

6:00 am Zazen (seated
meditation)
6:40 am Kinhin (walking
meditation)
6:50 am Zazen
7:20 am Chanting
7:40 am Soji (brief temple
cleaning)

6:00 pm Zazen
6:40 pm Chanting

Saturday

6:30 am Zazen
7:10 am Chanting
7:25 am Soji
8:30 am Drop-in instruction
9:25 am Zazen
10:15 am Dharma Talk
11:00 am Refreshments/Social

HIV Meditation Sitting Group

weekly meditation group for
those living with HIV, their
friends, families, community
supporters & anyone who
wants to join us!
Thursdays & Fridays

10:30 am zazen
11:00 am socializing

Next Board of Directors' Meeting - Second

Wednesdays of the month: May 8th @7:30pm (all are welcome to attend & observe)



Tim Wicks Priest Ordination with Richard, Peter & Julia Apr 2013

This Issue:

We would like to recognize the work and tireless efforts of Tom Wick. Tim seems like one of the busiest scheduled beings we know. For his rice he does professional decorative interior painting and finishes, he is an artist also in the paint medium. He then is regularly each week (multiple days) found in the sewing room of SFZC helping individuals work through sewing rakasus for lay initiation, rakasus and okesas for priests and many other beautifully hand sewn Zen ceremonial items.

His presence in the sewing room brings out his wonderful sense of humor and deep care for beings in a very comfortable, natural and enjoyable manner. Between these tasks, which for most of us already is

Meditation in Recovery

(Men & Women)
weekly meditation group for men & women in recovery from addiction

Fridays, 7:30 pm - 9 pm

Meditation in Recovery

(Women only)
monthly meditation group for women in recovery from addiction First Thursdays

7:15 pm - 8:45 pm

NEW! Women's Sitting group

(Women only)

Sitting followed by Dharma talk then tea and cookies. Mostly Zen. A safe space open to all women to sit, hear the Dharma a get to know one another. Free but Dana is always appreciated. Suggested \$5

Kicks off Tues, September 3rd:
7pm-8:30pm.

no left over available time, he is one of the major driving forces and engines that continue the meditation in recovery program, both weekly programs, but also more lengthy retreats. We are honored to have him even host this group at HSZC weekly Friday evenings at 7:30pm. And just when you thought this sounded like a plate that was beyond "full" he is also at HSZC every other Saturday helping us sew the Okesa for our upcoming Mountain Seat Ceremony this fall, has a vibrant practice and still engaged with Dragon Leap temple as well!

Our deepest bow of gratitude to Tim and congratulations again on his somewhat recent priest ordination. We are so very deeply grateful for you and your time you offer and your loving work you do for us and many beings.

From our Resident

Practitioners: We are still seeking a temple roommate. [Visit here](#) to see more detail & PLEASE spread the word to folks we know especially those in the Zen or wider Buddhist Community!



Also if you are available there will be a Safety meeting hosted @ HSZC tomorrow (Wed. May 1 @ 5pm) if you would like to help raise awareness and take part in ways we can improve safety in our neighborhood, please join us.

Words from our Practice Leader: Reverend Myō Lahey July 3, 2004

Sometimes in Zen, we ask these strange questions like, "What is Buddha?" This is a strange question. There's a multitude of answers, of course. But, mainly,

Hartford Street Zen Center is a Castro neighborhood temple & residential practice center in the Soto Zen tradition of Shunryu Suzuki Roshi established to support & engage the Queer Community and its allies.



Lay Ordained - Sandy Fowler
2013

that question is about the main thing. What's the main thing? The main thing, of course, is not one particular thing. It's also not everything . . . all things. It's what's at the tip of your nose right now, whatever that happens has to be. What's right under your feet, or right in your heart...

Hartford Street History: Spring 1988 Newsletter - Article by Nikki Rothman

On February 13 Baker-Roshi visited and gave a Dharma talk in which he invited us to participate in a dialog: with him, each other, and ourselves to raise and address fundamental questions that are inherent in our daily life experience. He told us we can bring these questions to our practice and work with them in the light of Buddhist teachings. I felt he was implying that our own koans are right in front of us if we look carefully enough.

Baker-Roshi said "I come to hear you as much as you come to hear me. Buddhism is interactive, participatory practice. If Confucius showed one corner he expected the student to bring back three...If I passed a stick to you, could you say something that would give a tactile feel of your practice at that moment, that would be the mystery and concrete sense of your practice? No matter what you are doing, there are practices surfacing in your life all the time. Practice should be manifesting in your daily life. To do that with conviction requires faith in the teaching and recognition that the teaching is complete. The teaching arises out of you and me and trying to address fundamental questions in light of our own experience".

From the Garden: Come down and visit and you will see little purple faces, our blooms of pink, yellow orange and a delicate white. Spring and warm weather is here. The bamboo is fully circled in a nice trench and moving along well, recently thanks to the strong hands of Arthur, Jen's recent generous

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helper! Please come and enjoy time in our garden as we the flowers put on our seasonal show!

TWITTER is in the process of being revived! Please follow our Tweets for last minute updates, schedule changes and even some social opportunities communicated in the event you are without plans and wish to "meet-up"! As always this is in addition to this newsletter, FaceBook and hszc.org avenues for HSZC activity.

Ascending the Mountain:

The Okesa construction through sangha hand stitch-work of beautiful silk fabric continues. Future building paint & small efforts are planned and inching forward. In this moment of looking forward we would like pause to look back a moment and thank all the hands and beings that made the silk possible, stitching happen and reflect briefly on the many beings who have made our present state at Hartford Street the facility housing teachings, practice and guidance possible whose names are many. We would like to take a moment now to reflect on the following individuals and extend our gratitude for the Dharma shared at or handed down to Hartford street to:

The late [Shunryu Suzuki Roshi](#), [Zentatsu Richard Baker Roshi](#)

The late [Issan Dainei Dorsey Roshi](#), [Kijun Steve Allen](#), the late [Zenshin Philip Whalen Roshi](#);

The time under tender and loving guided care of [Ikkyo Ottmar Engel Roshi](#), [Rev. Kanshin Dainei John King](#) and;

Guided by the teachings and teacher support of [Tenshin Reb Anderson Roshi](#).

Our deepest gratitude.

Visit us online at

[HSZC.org](http://hszc.org)

check out our community events page for more events!

Get timely updates via

Twitter as we work to revive this fast update model and see if we can utilize for a meet-up social opportunities tool!

Sangha Member Musing:
[My Walk with Bob](#) - [Bruce Boone](#)

I joined Bob and we strolled along the grassy mounds and headstones, pointing out to each other the inscriptions and motifs, sometimes almost illegible with lichen and winter vegetation. Many of these markers told stories of violence or of those who had died young. Near a mulberry bush we saw the grave of a woman who died at childbirth, age 26. A short distance away another headstone marked the graves of a French woman and her children. In a foreign language it related how they ended their lives in a steamboat accident. It counseled those left behind not to be despondent, but rather to remember that they had now entered now to a happier life. We were enchanted by the atmosphere, though perhaps I was more than Bob.

Practice Leader, Hartford Street Zen Center (HSZC) --- Reverend Myō Lahey



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Please submit stories, reflections, personal news, artwork & photography for future newsletters to tetsugen.keido@yahoo.com
May this newsletter find you well & filled with equanimity! _/_

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